

**Collection Procedure for Complete Semen Analysis\***  
**(Phoenix & Tucson)**

*Please follow all instructions below to assure proper specimen collection.*

1. Please call the Patient Service Center to schedule semen analysis:

<b>Phoenix:</b>	<u>Monday through Friday</u>	
	1500 S. Dobson #201A, Mesa	480-969-2494
	5605 W. Eugie #104, Glendale	602-978-2441
	<u>Saturday Morning</u>	
	1500 S. Dobson #201A, Mesa	480-969-2494
<b>Tucson:</b>	<u>Monday through Friday &amp; Saturday Morning</u>	
	630 N. Alvernon Way #120, Tucson	520-886-8101

2. The semen specimen should be collected after 2-7 days of sexual abstinence unless otherwise instructed by your physician.
3. The specimen can be collected at home and delivered to the lab, or collected at the lab.
- If specimen is collected at home, it must be delivered to the lab within ½ hour. Keep the sample near body temperature (25° - 40° C or 77° - 104° F).
4. Collect the specimen by masturbation into a sterile container (containers are provided by the laboratory). **Collecting semen in a condom or by coitus interrupts is not acceptable.** Since the volume of semen produced may be significant to diagnosis, it is important to submit the entire specimen. Be sure the container lid is closed tightly.
5. Label the container with your name, date of collection, and exact time of collection.
- \*Test code 901289 (post vas with reflex to motility) should be received with ½ hour of collection
- \*Post vasectomy semen analysis may be submitted to any Patient Service Center within 24 hours of collection.

**Required Information for Semen Analysis Testing**

The information below is needed to properly evaluate the results of this test. If you have any question about how to answer the questions, please ask your doctor or the Sonora Quest Laboratories employee.

1. Number of days of abstinence (days since last ejaculation): \_\_\_\_\_
2. Method of Collection: Masturbation: \_\_\_\_\_ Other: \_\_\_\_\_
3. Was a Sterile Collection Container Used?      [Yes]                      [No]  
If no, please describe the collection container.
- \_\_\_\_\_
- \_\_\_\_\_
4. Specimen must be kept at body temperature until delivery to the laboratory.  
Have you maintained the collection container at or near body temperature prior to the delivery to the laboratory?  
   [Yes]                      [No]
- If no, please explain at what temperature (e.g., room temperature, refrigerated, etc.) was the collection container maintained?
- \_\_\_\_\_
- \_\_\_\_\_