

# New law allows local lab to offer tests without doctor's orders

## Sonora Quest launches new service, 'My Lab ReQuest'

**SHOW LOW** — Sonora Quest Laboratories has launched My Lab ReQuest, a new service allowing consumers in Arizona to take control of their health by ordering certain lab tests on their own. A new Arizona law, effective July 3, now allows consumers direct access testing from a licensed clinical laboratory without physician orders.

Direct access testing is the latest service from Sonora Quest Laboratories, which already provides laboratory services to patients in settings from primary care and specialists to hospital and long-term care and performs more than 57 million diagnostic tests annually.

Direct access testing is offered at all of its 70 patient service centers statewide, including in Show Low.

"Naturally we are pleased to help consumers play a more active role in managing their health," said Dr. Robert Stern, medical director of Sonora Quest. "Direct access testing gives consumers more choice, flexibility and control over their own health in a con-

venient, efficient and confidential way. This empowerment gets even better for consumers when

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these tests and potential follow-up actions occur as part of a strong relationship between a consumer and his or her primary health care

provider."

All direct access tests offered by Sonora Quest are approved by

the U.S. Food and Drug Administration. In addition, Sonora Quest's laboratories are accredited by the College of American Pathologists,

the laboratory industry's gold-standard accrediting agency.

To ensure consistent quality and accuracy of testing, Sonora Quest Laboratories voluntarily participates in the College of American Pathologists' proficiency testing as well as in-depth inspections of all laboratories.

"This is a new era in health care consumerism, and as Arizona's leading provider of diagnostic testing and information we will do all we can to support the needs of the entire healthcare community," said David A. Dexter, president and CEO of Sonora Quest Laboratories.

"Consumers expect the most accurate and up-to-date diagnostic information to proactively man-

age their health so that they can make educated decisions," Dexter added.

With My Lab ReQuest, Sonora Quest Laboratories offers consumers a select menu of wellness health profiles and tests, including screening for environmental/pollen allergies, diabetes, heart health, immunity and infectious diseases.

All tests are available via an easy online ordering form or at any of their convenient locations and are fully transparent with price clearly indicated for each test.

Once completed, consumers have the choice of retrieving their results online through Sonora Quest's Patient Portal or having them sent by email or postal mail.



Courtesy photo

## High tea for teacher

A high tea is held in honor of Judy Peterson on July 18 at the Arizona Biltmore Hotel commemorating 45 years of teaching in the Blue Ridge School District. Those in attendance were (standing from left) Janice Schutte, Holly Martinson, Barbara Browning, Barbara Havens, Ed Baker, Raelyn Webb Sargent, Daniel Colarich Olson, Mary Baker, Sheila Colarich and Coach Don Rae; (seated from left) Mary Anne Williams, Linda Rentro, Judy Peterson, Susan Denton, Judy Rivers Clarke and Diana Rae.

## OBITUARIES, from Page A10

Julia is survived by her husband of 37 years, Ken Reidhead of Overgaard; two children, Jacob (Kristina Lewandowski) Reidhead of Florida and Jason (Saebbe) Reidhead of Heber; and seven grandchildren, Adia, Matthew, Madison, Stryder, Accalia, Emeline and Barrett.

The public visitation for Julia will be held from 6-8 p.m. Friday, July 31, at Owens Livingston Mortuary White Mountain Chapel, 320 N. 9th St., in Show Low. Graveside services with military honors will begin at 10 a.m. Saturday, Aug. 1, at the Heber Cemetery.

Owens Livingston Mortuary of Show Low handled arrangements. Those who have special memories and would like to send private condolences or sign an online guest book, visit [www.owenslivingstonmortuary.com](http://www.owenslivingstonmortuary.com).

### Wayne Saul

Wayne Saul went to be with the Lord surrounded by loved ones July 22, 2015, in Cedar Creek. He was born July 27, 1943, to the late Glen Saul and Mercy Brant in Winnebago, Neb.

Wayne was a tribal member of the Santee Sioux Nation. He moved to Oakland, Calif., in 1972. He was a truck driver and traveled around California.

Wayne was also a powwow singer and sang at many powwows throughout the bay area. Wayne lived in Oakland, Calif., where he met Ona and later moved to the White Mountains Apache Reservation and made Cedar Creek his home for the past 30 years.

Wayne loved to play horseshoes and enjoyed playing in horseshoe tournaments. He would play throughout the reservation and traveled to San Carlos. Wayne was a left-handed player and always came out as the winner, getting trophies, pullovers and cash prizes.

Wayne loved the outdoors and loved to go catfishing at Salt River Canyon and Black River. Wayne was always known to be a kind-hearted person always thinking of others with a good sense of humor.

Wayne was also a good cook. Some of his favorite recipes were potato soup, fried catfish, onion rings, fried zucchini

sticks and fried mushrooms. Wayne made delicious fried bread, Apache cornbread, pancakes and he always made his own homemade shake and bake mix.

Wayne is survived by his wife, Ona Tenijith Saul; daughters Catherine Saul, Joanna Saul, Charlotte Bush, Charlene George, Sandra Reyes, Meldena Lupe and Laura Melgar; sons Wayne Saul Jr., Martin Melgar, Stephen Bush and Schroeder Griggs; 28 grandchildren and seven great-grandchildren.

"Our family would like to thank each and every one of you for your kind words, thoughts, support and prayers through this difficult time."

Silver Creek Mortuary of Whiteriver handled arrangements.

### Mary L. Thomas

Mary L. Thomas of Taylor died July 26, 2015. She was born Feb. 5, 1946, to Joseph Francis Lundy and Marie Louise Scheimreif in Washington, D.C.

She was married for 36 years to Vincent Wayne

Thomas, who preceded her in death Oct. 29, 2002. She then married James E. Thomas Nov. 25, 2009, who passed away in 2012.

Mary's interests included bowling and crocheting. She was a member of the Church of Jesus Christ of Latter-day Saints and lived in the Taylor

6th Ward since 2008.

She is survived by her daughter, Chris (Ronald) Woodward of Earp, Calif.; two sons, Jeffrey Thomas and Kenneth Thomas of Arizona; seven grandchildren; and one great-grandchild.

Mary's parents and sister, Ann Louise Lundy, preceded her in death.

Silver Creek Mortuary of Taylor handled arrangements.



Mary Thomas

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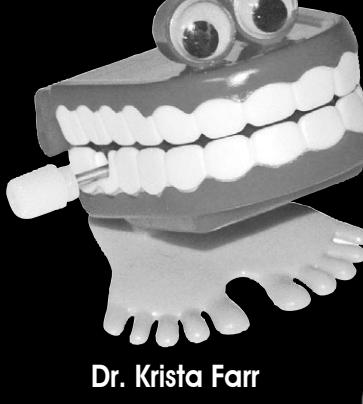
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