## ANNOUNCING NEW GUIDELINES FROM THE AGA



If serology isn't good enough for the AGA, how can it be good enough for your patients?

## SEROLOGY IS OBSOLETE

• The American Gastroenterological Association (AGA) now recommends that serology testing no longer be performed to test for *H. pylori* because it only tests for the antibody and does not test for active *H. pylori* infection.

## STOOL ANTIGEN IS THE RECOMMENDED TEST

 The new AGA guidelines recommend using a Stool Antigen test, which tests for active *H. pylori* infection, and Meridian is the only company that offers an *H. pylori* Stool Antigen test (HpSA®).

# $\mathbf{R}$ TEST WITH STOOL ANTIGEN BEFORE PRESCRIBING PPIs

 AGA now recommends that all patients presenting with Dyspepsia, who do not have alarm symptoms, have not been using NSAIDS, and who are not > 55, should be tested for *H. pylori* prior to being prescribed PPIs. Test Code: 11939 Specimen Requirements: 1 gram frozen random stool sample in a sterile screw-cap container







#### Why is Serology testing for H. pylori no longer recommended by the AGA?

- Serology testing has poor performance; only 85% sensitivity and only 79% specificity.<sup>2</sup>
- Serology testing only tests for antibody and does not test for active infection.

OUTCOME: Many unnecessary False Negatives and False Positives – 50% of patients with positive serology results do not have positive *H. pylori* infections. <sup>3</sup>

Why is the Stool Antigen test now recommended by the AGA?

- Premier Platinum HpSA® Plus is highly accurate with sensitivity of 96.1% and specificity of 95.7%. <sup>4</sup>
- Meridian's HpSA<sup>®</sup> products test for active infection.

OUTCOME: Improved patient care through significant reduction in False Negatives and False Positives.

- Why does the AGA now recommend testing for *H. pylori* prior to prescribing PPIs?
  - Successful eradication of *H. pylori* cures ulcer disease in 95% of cases. <sup>5</sup>
  - H. pylori is a class 1 carcinogen that greatly increases the risk of gastric cancer. 6
  - Following the AGA recommendation highlighted in Figure 1 will also reduce the overall cost of managing Dyspepsia by reducing the costs associated with inappropriately prescribed Rx medication particularly PPIs prescribed to suppress symptoms rather than treating the underlying cause.

#### OUTCOME: Improved patient care at a significantly reduced cost.

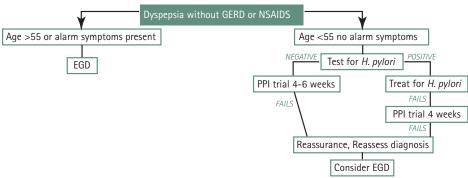


FIGURE 1 Management of Dyspepsia based on age and alarm features.

## For more information on H. pylori Stool Antigen testing, please contact your Sonora Quest Laboratories Account Manager or visit www.sonoraquest.com







- AGA Medical Position Statement & Technical Review: Evaluation of Dyspepsia; Gastroenterology 2005, 129:1753-1780.
- <sup>2</sup> Cleveland Clinic Journal of Medicine, "Testing for *H. pylori*: Why it still matters, How it has evolved.", Volume 72, Supplement 2, May, 2005.
- <sup>3</sup> Assuming *H. pylori* prevalence rate of 20%
- <sup>4</sup> See historical information in Premier Platinum HpSA® Plus Package Insert.
- <sup>5</sup> Hopkins RJ, et al, Relationship between Helicobacter pylori eradication and reduced duodenal and gastric ulcer recurrence: A review. Gastroenterology 1996; 110: 1244–1252.
- <sup>3</sup> Helicobacter Pylori Infection and Development of Gastric Cancer: Naomi Uemura, MD, et al, N Engl J Med; Vol. 345, No. 11, Sept. 13, 2001.

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