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## Collection Procedure for Semen Analysis

(Please follow all instructions to assure proper specimen collection)

### For test codes:

**703640** - Semen Analysis Complete

**901289** - Semen Analysis Post-Vasectomy w/Reflex to Count/Motility, follow the instructions below

Call 1-855-367-2778 to schedule an appointment at one of the facilities below. These are time sensitive tests and an appointment is required.

**Tempe:** 1275 W. Washington Street, Suite 109, Tempe, AZ 85281

**Tucson:** 630 N Alvernon Way, Suite 200, Tucson, AZ 85771

### Collection Procedure:

1. The semen specimen should be collected after 2-7 days of sexual abstinence unless otherwise instructed by your physician.
2. The specimen **must** be collected at one of the Patient Service Centers listed above.
3. Collect the specimen by masturbation into a sterile container (containers are provided by the laboratory). Since the volume of semen produced may be significant to diagnosis, it is important to submit the entire specimen. Be sure the container lid is closed tightly.
4. Label the container with your name, date of collection and exact time of collection.

In addition the information below is needed to properly evaluate the results of this test. If you have any question about how to answer the questions, please ask your doctor or a Sonora Quest Laboratories employee. Please mark down the number of days of abstinence (days since last ejaculation) \_\_\_\_\_

Method of collection was masturbation \_\_\_\_\_ (REQUIRED)

### For test codes:

**3645** - Semen Analysis, Post Vasectomy

**900865** - Semen Analysis, Post-Vasectomy w/Reflex to Count, follows the instructions below

### Collection Procedure:

1. Appointments are **NOT** necessary.
2. The semen specimen should be collected after 2-7 days of sexual abstinence unless otherwise instructed by your physician.
3. Collect the specimen at home and deliver to ANY Sonora Quest Laboratories Patient Service Center within 24 hours of collection (Monday-Friday only). Keep the sample near body temperature (25°C-40°C or 77°F - 104°F).
4. Collect the specimen by masturbation into a sterile container (containers are provided by the laboratory). Collecting semen in a condom or by coitus interruptus is not acceptable. Since the volume of semen produced may be significant to diagnosis, it is important to submit the entire specimen. Be sure the container lid is closed tightly.

Label the container with your name, date of collection and exact time of collection.